

MY RELATIONSHIPS PROJECT

A SAFE SPACE FOR NEURODIVERSE FOLKS
WHO HAVE AUTISM, ADHD, A SOCIAL
COMMUNICATION DISORDER, OR OTHER
DEVELOPMENTAL DISABILITIES TO LEARN
ABOUT NAVIGATING THE WORLD OF
RELATIONSHIPS ON YOUR TERMS.

ROMANTIC RELATIONSHIP CLASSES

EXECUTIVE FUNCTIONING SUPPORT AT HOME AND IN THE COMMUNIT

FAMILY SUPPORT

www.myrelationshipsproject.com

ABOUT MRP

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MRP classes offer a safe, non-judgmental space to discuss private topics, ask questions, and learn hidden rules of relationships alongside peers and allies

Classes are developed WITH neurodivergent folks, keeping in mind that YOU are the expert on YOU

Focus is ALWAYS on EMPOWERMENT and SAFETY

Registration for Sessions is now open.

www.myrelationshipsproject.com (313) 489-0043